

Download Sample Psychotherapy Progress Notes

Functional Family Therapy *PROGRESS NOTE Motivation/Engagement Phase (Early Sessions) ~ *SAMPLE PROGRESS NOTE ONLY ~ Client Name / Case Number: YouthA progress note is used to detect if the treatment is making the patient's condition improve or worsen. You may also check out release note examples & samples. The Difference between Progress Note and Psychotherapy Notes. A progress note establishes the progress of treatment. A progress note includes the assessment, diagnosis, and treatment. Psychotherapy Progress Note Use this note to document individual, family or couples psychotherapy sessions and person's response to the intervention during a specific contact. Data Field Person's Name Record the first name, last name, and middle initial of the person. Order of name is at agency discretion. Progress notes, then, are notes that are part of the regular file maintained in the Clinic. Because many of the functions of notes for the purposes of the treating clinician can be accomplished through psychotherapy notes, progress notes content can be kept to minimum. The following kinds of information go in